



The Newsletter of Raynes Park High School

Issue: 7 – Friday 5<sup>th</sup> March 2010

**South of England Final (National Cup Semi-Final)**



Pride of place in this week's newsletter must go to the year 7/8 girls' football team whose incredible run in the National Cup ended at the Palmer Park Stadium in Reading on Wednesday. The result was Maiden Erlegh 1 - Raynes Park High School 0 (AET). A goal 3 minutes from the end of extra time gave victory to a very good team, easily the best we have played so far. We had our chances but fortune did not favour us on the night (for example a dubiously disallowed offside goal at the start of the 2<sup>nd</sup> half). All the team were real heroines and battled hard on a freezing night against a very accomplished team. Captain Paige Vella was an inspiration and Woman of the Match was Lauren Horsford, a tower of strength at the back, she read every move the opposition made and has been outstanding throughout the campaign. We could do nothing about the winning goal – a great shot from 20 yards. Fortunately the team still has a lot to look forward to this season – the County Cup Final against St. Philomena's and the London Regional 6-a-side Finals (to be played next month at Chelsea FC training ground in Cobham). **Miss McGullion**

**Merton Trampoline Competition**

Congratulations to Athena Lewis-Gkoka in Year 9 who won the Gold medal in the Advanced section. She also achieved the highest marks of any competitor in the whole competition (held at Harris Academy). Well done to all the other girls who took part in the competition – the judges praised our pupils' performances and effort. A special mention to Keira Poole in Year 8 who competed for the first time, missing the medal positions by 0.01 points! **Miss Dunsford**



**Royal Geographical Society 21 Century Debate**

Geography students from years 10/11 attended a public debate at the RGS on Wednesday evening on 'Not in My Backyard'. This debate was about local interests vs the national interest in big development projects such as wind farms, nuclear power stations or high speed rail links in the UK. Elliott Crosby (year 11) put a question to the panel which included Dame Fiona Reynolds, Director General of the National Trust, Antony Oliver of New Civil Engineer and Jim Steer of Steer Davies Gleave in favour of the proposed High Speed Rail link from London to Scotland. The debate was chaired by Julian Glover, Chief Leader Writer of the Guardian Newspaper. Congratulations to all the students who attended as they were taking part in high level (A Level standard) geographical debate. **Ms Cabral**

**Year 10 GCSE History Trip to the Old Operating Theatre London**

– The GCSE History course covers the history of medicine and the visit to the Old Operating Theatre in London is always popular. The herb garret was strong smelling and highlighted the importance of herbs in the production of medicines. One of the museum's curators described how they used to operate and the tools they used. Liam Hills kindly volunteered to be our model patient. The curator took us through how his leg would have been amputated and how they had to cope without anaesthetic. The trip was a great success and was enjoyed by all. **Mrs. Bassett**

**Merton adoption team** urgently need to recruit black and mixed heritage adopters.

Please help us to target our adoption advertising better by asking your **Black and Mixed heritage friends, colleagues and family** to complete and circulate this short questionnaire.

<http://www.surveymonkey.com/s/CZXR6T9>

**Candice Siddle**

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### 'Merton's Got Youth Talent Show'

**Tuesday 9th March Final heats periods 5 and 6**

Following the heats on Wednesday, 8 final acts will compete to be one of the 2 acts that will go on to represent the school in the 'Merton's Got Youth Talent Show'. This event is going to be filmed by 'Newsquest'.

**Friday 23rd April MGYT evening 7.30pm at**

**Bishopsford.** Our two acts will represent us hoping to win £1000 (£500 for the school, a CD/DVD made in a proper recording studio etc). There will be tickets at £5 (max of 40 per school) on sale to parents, staff and Governors.

*Mrs. Adli/Miss Dunsford*

### A Healthy Lunchbox should include:

- A source of protein fillings such as chicken, egg, ham, tuna, cheese or peanut butter
- Complex carbohydrates for slow-release energy (e.g. wholemeal bread, pasta, banana or rice).
- Calcium for growth, healthy bones and teeth (e.g. Cheese, yoghurt, fromage frais, smoothies and milkshakes)
- Fruit and vegetables for vitamins and minerals (It is recommended that your child eat 5 (or more) portions of fruit and vegetables every day.

There is plenty of choice and variety to suit most tastes. Eat healthy, stay healthy!

For further information please visit

[www.schoolfoodtrust.co.uk/](http://www.schoolfoodtrust.co.uk/)

[www.bbc.co.uk/food/](http://www.bbc.co.uk/food/)



**Healthy School**

*Mrs. Afful*

### Sainsbury's Active Kids Vouchers

The time has come once again to collect **Sainsbury's Active Kids Vouchers** - please collect your vouchers at the till and then bring them to Student Services. Each year your kind donations enable us to claim lots of equipment which enable us to provide fun and enjoyable lessons and introduce new sports like dodgeball and unihoc. Please continue to support the PE department and collect as many vouchers from friends and family as possible - we will be very grateful

Hope you enjoy issue 7 of the weekly newsletter. Remember you can see this in colour on our website. If you would also like this by e-mail then please inform [office@raynespark.merton.sch.uk](mailto:office@raynespark.merton.sch.uk)

### Ski Trip USA 2010

Over Half term, myself and Mr Hayes visited America to risk assess the Ski Trip where 39 Raynes Park High School students have the opportunity of a lifetime to go skiing in New Hampshire, America. During the trip we will have the opportunity to ski two mountain ranges, meet Bode Miller (winner of gold and silver medals for the USA in the recent Winter Olympics), watch an ice hockey game, go bowling, see a movie not yet released in the UK and go shopping in Boston! Both hotels have a swimming pool and the food served is delicious! We leave on 1<sup>st</sup> April. **If you are on the trip - then please remember to bring your passport into the finance office and hand all medical forms, visa waivers and additional information requested to Mr Shoubridge asap.** Thank you to Mrs Adli and Miss Dunsford who also recently organised the trip to Sandown Dry Ski Slope. The progression made by the students during the day was brilliant and will enable them to develop a lot quicker whilst out in America. If you did fall over, please don't worry - the real snow is a lot softer and it is a lot easier to ski on the real stuff - trust me! By the way please ignore Mr. Dodd's scaremongering about lack of snow in New Hampshire!

*Mr Shoubridge*

### Uniform

We would like to draw parents' attention to a couple of issues we have had with a few students regarding uniform. Girls should be wearing tights or socks. Ankle socks or leg warmers should not be worn over tights. Piercings are allowed in the earlobe only. Piercings in any other part of the face are not to be worn. All students should have a proper coat for school. Cardigans, over-shirts and hoodies are not acceptable. If there is ever a time when your son or daughter is unable to wear a correct item of school uniform, please send them to school with a note of explanation and an indication of when the matter will be rectified.

### A Real Rugby Hero: Congratulations to Mr.

Campbell on achieving this RFU award sponsored by RBS and the Daily Mail. Mr. Campbell has re-invented rugby at the school and this is thoroughly deserved recognition for his hard work and inspiration. He wins free tickets to international games at Twickenham.

### REMINDER Mentoring Day 2 - Tuesday 16<sup>th</sup> March

Students in Year 7 and 9 will be with tutors only and year 8, 10 and 11 students will be with parents too. Please review targets with your son/daughter. Invitation letters will be sent out shortly.